

ISSN Print 2086 7751  
ISSN Online 2548 5695

# JURNAL KESEHATAN

# JK

Published by  
Center for Research and Community Service  
Poltekkes Kemenkes Tanjung Karang

**Nationally Accredited**  
**(Science and Technology Index – SINTA 3)**  
**Number 164/E/KPT/2021**



JK	VOLUME 15	NUMBER 3	PAGES 325-478	B. LAMPUNG YEAR 2024	ISSN Print 2086 7751 ISSN Online 2548 5695
----	--------------	-------------	------------------	-------------------------	---

**ISSN Print 2086 7751**  
**ISSN Online 2548 5695**

# **JURNAL KESEHATAN**

## **JK**

Published by  
Center for Research and Community Service  
Poltekkes Kemenkes Tanjung Karang

**Nationally Accredited**  
**(Science and Technology Index – SINTA 3)**  
**Nomor 164/E/KPT/2021**

<b>JK</b>	<b>VOLUME</b> 15	<b>NUMBER</b> 3	<b>PAGES</b> 325-478	<b>B. LAMPUNG</b> Year 2024	<b>ISSN Print 2086 7751</b> <b>ISSN Online 2548 5695</b>
-----------	---------------------	--------------------	-------------------------	--------------------------------	---

**JURNAL KESEHATAN  
POLTEKKES KEMENKES TANJUNG KARANG**

ISSN Print 2086 7751 || ISSN Online 2548 5695  
Volume 15, Number 3, Year 2024, Pages. 325-478

Published three times a year in April, August and November. Contains articles based on research and non-research results, critical analytical studies in the health fields. This journal was first published in April 2010.

*Editor in Chief*

Lisa Suarni

*Associate Editor*

Yustin Nur Khoiriyah

*Editorial Board*

Donal Nababan  
I Ketut Andika Priastana  
Kadar Ramadhan  
Mei Ahyanti  
Mutiar Widawati  
Nur Al Marwah Asrul  
Sadar Ginting

*Peer Reviewer*

Agnescia Clarissa Sera  
Agus Hendra Al Rahmad  
Anna Yuliana  
Anita  
Aprina  
Asep Sukohar  
Ayi Diah Damayani  
Bayu Anggileo Pramesona  
Betty Yosephin Simanjuntak  
Dems Simbolon  
El Rahmayati  
Fuad Husain Akbar  
Fotarisman Zaluchu

Gustop Amatiria  
Herwansyah  
Juliana Christyaningsih  
Komang Ayu Henny Achjar  
Maria Tuntun  
Nicolo Andrei A. Añonuevo  
Norzawani Jaffar  
Prayudhy Yushananta  
R. Kintoko Rochadi  
Rico Januar Sitorus  
Steven Victoria Halim  
Yetti Anggraini  
Yogesh V. Ushir

*Journal Manager*

Adinda Juwita Sari

**Nationally Accredited (Science and Technology Index – SINTA 3) Number 164/E/KPT/2021**

**Address and contact:**

Jl. Soekarno-Hatta No. 6 Bandar Lampung,  
Cq. Editor in Chief Jurnal Kesehatan Poltekkes Kemenkes Tanjung Karang.  
Telepon.0721-783852 Fax.0721-773918  
Email: [jk@poltekkes-tjk.ac.id](mailto:jk@poltekkes-tjk.ac.id); Website: <http://www.ejurnal.poltekkes-tjk.ac.id/index.php/JK>

## Table of Contents

Sunscreen Effect of Andaliman Methanol Extract Nano Gel on The Amount of Melanin in Wistar Rats Exposed to UV-B Light <i>Vera Vera, Linda Chiuman, Chrismis Novalinda Ginting, Atika Rimalda Nasution, Christmas Gideon Bangun, Primta Bangun</i>	325-334
Transcultural Studies: Naturalistic and Personalistic on Health and Illness in Jember Society <i>Aldo Apriyansah, Linda Febrianti, Iklima Najwa Billah, Abdul Aziz Azari</i>	335-340
Phase I Cardiovascular Rehabilitation, Risk Stratification, and Length of Hospitalization in Post-Percutaneous Coronary Intervention (PCI) Patients <i>Muhammad Sukri Tanjung, Dudut Tanjung, Nur Asnah Sitohang, Dedi Ardinata</i>	341-347
Family and Healthcare Worker Participation in Promoting Exclusive Breastfeeding among Mothers <i>Farida Linda Sari Siregar, Nur Afi Darti, Nurbaiti Nurbaiti</i>	348-355
Implementation of Pulmonary TB Management Program with Pulmonary Tuberculosis Patient Treatment Monitoring Information System (SISFOTBPAPU) <i>Sri Indra Trigunarso, Zainal Muslim, Amrul Hasan</i>	356-361
Analysis of Demographic Factors Affecting Exclusive Breastfeeding Success among Breastfeeding Mothers <i>Nelly Indrasari, Mugiati, Nurlaila, Warjedin Aliyanto, Indah Trianingsih</i>	362-369
Defining the Integration of Primary Health Services: Perspectives from Leaders of Puskesmas <i>Andy Amimr, Puspita Sari, Herwansyah</i>	370-373
The Relationship between Service and Nurse Communication with Patient Satisfaction in The Surgical Inpatient Room <i>Okta Dwi Puja, Aprina Aprina, Sunarsih Sunarsih</i>	374-380
The Effect of Health Education on Low Fat Diets through Video Media on Knowledge Level in Cholesterol Sufferers <i>Merlina Retnosari, Wachidah Yuniartika</i>	381-386
Optimizing Pelvic Rocking with Gym Ball to Reduce Low Back Pain in Pregnancy <i>Anissa Ermasari, Rudi Winarno</i>	387-395
Prioritization of Problems in Public Health Programme Planning Using The Difficulty Usefulness Method: Scoping Review <i>Binti Sukartini, Achmad Zakaria, Ade Armada Sutedja, Herin Mawarti</i>	396-406
Relationship Self-Management Level of Hypertension Patients Towards Risk of Coronary Heart Disease <i>Jiheny Siska Pratiwi, Sri Rahayu</i>	407-411
The Impact of Health Worker Assistance on the Skills of Posyandu Cadres in Measuring the Height of Toddlers <i>Dewi Sri Sumardilah, Reni Indriyani</i>	412-418

Effectiveness of Self-Care Teaching Media for Pregnant Women and Pregnant Women with Hypertension <i>Irma Rachmawati, Yanti Hermayanti, Ermiati Ermiati</i>	419-433
Nutilor (Moringa Leaf and Chicken Liver Nuggets) as Food for Stunting Prevention <i>Bertalina Bertalina, Sirajudin Sirajudin</i>	434-441
Parenting Style and Stimulation of Psychosocial Development on the Psychosocial Development of Pre-School Children with Stunting <i>Risa Nurhayati, Sefrina Rukmawati, Rahayu Budi Utami, Deppi Nurmawati, Paradita Ayu Rahma</i>	442-447
Acetylcholinesterase (AChE) Insensitivity of <i>Aedes aegypti</i> Exposed by Citronella Oil ( <i>Cymbopogon nardus</i> ) <i>Yustin Nur Khoiriyah, Febrina Sarlinda</i>	448-455
Associated Factors of Father Involvement in Stunting Prevention in Toddlers Based on Transcultural Nursing Theory <i>Superzeki Zaidatul Fadilah, Dwi Indah Lestari, Ishana Balaputra</i>	456-464
The Impact of Child Injury Prevention Package (CIPP) on Injury Prevention in Toddler <i>Retno Puji Hastuti, Musiana Musiana</i>	465-471
Analysis of Determinants of Exclusive Breastfeeding in Breastfeeding Mothers <i>Dewi Purwaningsih, Sudarmi Sudarmi</i>	472-478